

Name: _____ Date: _____

Chapter 1: Exam

Multiple Choice. Choose the correct answer.

1. Which of the following healthcare settings is generally for people who will die in six months or less?
(A) Hospice care
(B) Long-term care
(C) Outpatient care
(D) Acute care
2. Which of the following statements is true of long-term care?
(A) People with terminal illnesses do not live in long-term care facilities.
(B) Most conditions in long-term care facilities are chronic.
(C) People who live in long-term care facilities are never able to return home.
(D) Long-term care takes place in a person's home.
3. A resident has purchased a special gift for her nursing assistant (NA). What would be the best response by the nursing assistant?
(A) The NA should refuse the gift but thank the resident for thinking of her.
(B) The NA should accept the gift because she is unsure about her facility's policy on gifts.
(C) The NA should accept the gift if the resident agrees to keep it confidential.
(D) The NA should refuse the gift and explain that her employer is very unfair about employees accepting gifts from residents.
4. A _____ is a method or way of doing something.
(A) Policy
(B) Procedure
(C) Survey
(D) Cite
5. Medicare will pay for
(A) All care requested by the recipient
(B) All care requested by the doctor
(C) All care requested by the long-term care facility
(D) Only care that it determines to be medically necessary
6. Which of the following is a core value associated with culture change?
(A) Doing everything for residents
(B) Treating all residents the same way
(C) Promoting self-determination and personal choice
(D) Making sure all residents participate in the same activities
7. Which member of the care team diagnoses disease and prescribes treatment?
(A) Nursing assistant (NA)
(B) Medical social worker (MSW)
(C) Physician (MD)
(D) Dietitian (RDT)

8. Which of the following care team members are licensed professionals who assign jobs to nursing assistants?
 - (A) Nursing assistants, nurses
 - (B) Dietitian, resident's family
 - (C) Nurses, physical therapists
 - (D) Nursing assistants, physicians
9. Which of the following statements is true of residents as a part of the care team?
 - (A) Residents cannot make their own decisions.
 - (B) Residents are not care team members.
 - (C) Residents should not try to make choices about the care they want to receive.
 - (D) The care team revolves around the resident and his or her condition, treatment, and progress.
10. Which of the following statements is true of a nursing assistant's responsibilities if an activity is not listed in the care plan?
 - (A) The NA should not perform the activity if it is not listed on the care plan.
 - (B) The NA should perform the activity if he or she believes it is best for the resident.
 - (C) The NA should only perform the activity if the resident says he wants it performed.
 - (D) The NA should consult other NAs to see if they would perform the activity.
11. A nursing assistant tells a resident that her grandchildren are noisy and disrupt the facility and suggests that next time her daughter visits, she should leave the kids at home. Which Residents' Right might this behavior violate?
 - (A) The right to voice complaints without fear of punishment
 - (B) The right to refuse medication and treatment
 - (C) The right to have visitors
 - (D) The right to confidentiality
12. What is one reason why reporting a resident's changes and problems to the nurse is a very important role of the nursing assistant?
 - (A) The care plan must be updated as the resident's condition changes.
 - (B) Reporting changes is not a task that the NA performs.
 - (C) Depending on the resident's changes, the NA can decide if she wants to work that day or not.
 - (D) The NA can decide what medication to prescribe for the resident's current condition.
13. Which of the following is a typical task that an NA performs?
 - (A) Changing a sterile dressing on an open wound
 - (B) Helping residents with toileting needs
 - (C) Administering medication
 - (D) Prescribing treatments
14. Which of the following tasks is outside the scope of practice for an NA?
 - (A) Giving a resident a bath
 - (B) Inserting a tube into a resident's body
 - (C) Helping a resident eat dinner
 - (D) Transferring a resident from the bed to a chair

15. A professional relationship between an NA and a resident includes
 - (A) Telling the resident about problems with the supervisor
 - (B) Calling the resident Dearie and Sweetie
 - (C) Letting a resident know if the NA is in a bad mood
 - (D) Keeping resident information confidential

16. Which of the following is an example of an NA having a professional relationship with an employer?
 - (A) Documenting carefully
 - (B) Never bothering the nurses with questions
 - (C) Trying not to be late more than twice a week
 - (D) Talking about management behind their backs

17. What is one function of the chain of command?
 - (A) It determines which residents go in which rooms.
 - (B) It determines which shift an NA works.
 - (C) It describes the care plan for each resident.
 - (D) It helps protect nursing assistants and their employers from liability.

18. What is required of a nursing assistant if he suspects that a resident is being abused?
 - (A) The NA should call the police to report that the resident is being abused.
 - (B) The NA should discuss the issue with the resident to find out if it is okay for him to report what he suspects.
 - (C) The NA should report it to the charge nurse immediately.
 - (D) The NA should immediately confront the abuser about what he suspects.

19. Ombudsmen are in facilities to assist and support
 - (A) Administrators
 - (B) Directors of nursing
 - (C) Residents
 - (D) Nursing assistants

20. When a nursing assistant is performing a procedure on a resident, he should
 - (A) Try to distract the resident so she will not know what the NA is doing
 - (B) Explain the procedure fully before performing it
 - (C) Wait until the resident is sleeping before the NA starts the procedure
 - (D) Talk to the resident's roommate so the resident does not become self-conscious

21. The Omnibus Budget Reconciliation Act (OBRA) sets minimum standards for
 - (A) Facility cleanliness
 - (B) Resident rehabilitation
 - (C) Nursing assistant training
 - (D) Facility spending

22. How many hours of in-service education does OBRA require for nursing assistants every year?
 - (A) At least 34 hours
 - (B) At least 28 hours
 - (C) At least 18 hours
 - (D) At least 12 hours

23. For nursing assistants, confidentiality means
- (A) Not telling the nurse about possible abuse of a resident
 - (B) Not documenting resident problems
 - (C) Keeping resident information private
 - (D) Sharing information with the NA's family
24. One reason that the Health Insurance Portability and Accountability Act (HIPAA) was created is to
- (A) Protect privacy of health information
 - (B) Help ombudsmen monitor care in facilities
 - (C) Give nursing assistants health insurance coverage
 - (D) Prevent abuse and neglect of residents
25. Which of the following is an example of sexual abuse?
- (A) Rubbing up against a resident inappropriately
 - (B) Confining a resident in a separate physical space without the resident's consent
 - (C) Using alcohol in a harmful way
 - (D) Failing to provide needed care for a resident
26. An NA is caring for a resident who is paralyzed on her right side from a recent stroke. Some of her family members are visiting and one of them turns to the NA and says in a loud voice, "She looks so dumb with half of her face drooping down like that. Isn't there something you can do to fix that?" What kind of abuse is this?
- (A) Physical abuse
 - (B) Psychological abuse
 - (C) Sexual abuse
 - (D) Involuntary seclusion
27. If an NA makes a mistake when documenting care by hand, she should
- (A) Erase it and write the correct information
 - (B) Draw one line through it and write the correct information
 - (C) Use correction fluid on the error and write the correct information
 - (D) Discard the chart and start a new one
28. A resident's protected health information (PHI) may be shared with
- (A) The resident's friends who live in the facility
 - (B) Those who need the information for care or processing of records
 - (C) The nursing assistant's family and friends as long as they agree not to share it
 - (D) Anyone who works at the facility
29. Which of the following is an example of physical abuse?
- (A) Stealing from a resident
 - (B) Showing a resident pornographic material
 - (C) Shoving a resident
 - (D) Threatening a resident
30. What is the term for the person assigned by law to be the legal advocate for residents?
- (A) Activities director
 - (B) Ombudsman
 - (C) Medical social worker
 - (D) Administrator

31. Which of the following shows the correct conversion of 9:00 p.m. to military time?
- (A) 2300 hours
 - (B) 2100 hours
 - (C) 2400 hours
 - (D) 2000 hours
32. Which of the following occurrences is considered an incident and requires a report to be completed?
- (A) A resident uses the call light frequently.
 - (B) A resident yells at a family member.
 - (C) A resident accuses an NA of abusing her.
 - (D) An NA arrives late to work.
33. Which of the following shows the correct conversion of 0530 to regular time?
- (A) 12:30 a.m.
 - (B) 12:30 p.m.
 - (C) 5:30 a.m.
 - (D) 5:30 p.m.
34. When should documentation be recorded?
- (A) Immediately after care is given
 - (B) At the end of the shift
 - (C) Whenever there is time
 - (D) Before the care is given
35. Which of the following shows the correct conversion of 2:35 p.m. to military time?
- (A) 2435 hours
 - (B) 1435 hours
 - (C) 2235 hours
 - (D) 1235 hours
36. Threatening to harm a resident if he tells another caregiver about a problem is an example of which type of abuse?
- (A) Physical abuse
 - (B) Psychological abuse
 - (C) Financial abuse
 - (D) Substance abuse